

# Guide to [rootedwisdom.org](https://rootedwisdom.org)

The *Rooted Wisdom Guided Experience* invites visitors to explore the relationship between self-liberation and nature through film, historic images and documents, detailed personal accounts, related historical sites, and resources that examine the landscape, both then and now. The website is organized into five chapters: Where History & Nature Meet (introduction), Navigation, Refuge & Shelter, Nourishment, and Blending In.

Below, find an explanation of the content that appears in each section.

## 1 | Site Navigation

The guided experience presented at [rootedwisdom.org](https://rootedwisdom.org) is organized on a single continuous page. Visitors can scroll through to read all the content or can use the drop-down navigation (located at the upper right side of the browser window) by hovering over “Guided Experience” to jump to each chapter.

## 2 | Chapter Header

Each chapter is identified by a header that is labeled with a number, title, and a short description of the theme explored in the chapter.

## 3 | Film Segment

The corresponding segment of the *Rooted Wisdom Guided Experience* film

## 4 | Contextual Information

Additional information, historical photos, etchings, maps, and/or links related to the chapter’s theme

## 5 | Jump Link

Following the contextual information, the “Jump to” link will bring you directly to the next film segment.

## 6 | Further Explorations

Each chapter contains two collections of resources:

**At the Arboretum** contains information about where to find the plants, animals, and habitats at Adkins Arboretum that were used by the freedom seekers introduced in the film; links to resources that provide more information and identification aids related to the plants, animals, and habitats introduced; and a downloadable map of the Arboretum that directs visitors to locations where they will likely be able to see the plants, animals, and habitats mentioned.

**Beyond the Arboretum** contains a collection of links organized into two groups:

**PEOPLE**—links to the full narrative accounts by, or about, the freedom seekers introduced in the film, as well as related narratives about other freedom seekers.

**PLACES**—links to Network to Freedom sites that relate to the freedom seekers and themes introduced in each chapter.

The screenshot shows the website interface with numbered callouts 1 through 6. 1. Site Navigation: A dropdown menu labeled 'Guided Experience' with a 'Home' button. 2. Chapter Header: A section titled 'Where History & Nature Meet' with a description: 'Explore a landscape that has been shaped by and still bears witness to history.' 3. Film Segment: A video player showing a scene from the film 'Rooted Wisdom'. 4. Contextual Information: Two historical portraits of Harriet Tubman and Frederick Douglass with their names and dates. 5. Jump Link: A map of the Eastern Shore region with a 'Jump to a Navigation' button. 6. Further Explorations: A section titled 'Further Explorations' with sub-sections 'At the Arboretum' and 'Beyond the Arboretum'. 'At the Arboretum' includes links for 'Where to Visit?', 'What to See?', 'What to Do?', 'What to Buy?', 'What to Eat?', 'What to Drink?', 'What to Wear?', 'What to Bring?', 'What to Expect?', 'What to Remember?', 'What to Share?'. 'Beyond the Arboretum' includes links for 'Discover more about the people featured in the film and others who were part of the Underground Railroad', 'Read about Frederick Douglass', 'Read about Harriet Tubman', 'Read about the Eastern Shore', 'Read about the Chesapeake Bay', 'Read about the Delmarva Peninsula', 'Read about the Eastern Shore of Virginia', 'Read about the Eastern Shore of Maryland', 'Read about the Eastern Shore of Delaware', 'Read about the Eastern Shore of North Carolina', 'Read about the Eastern Shore of South Carolina', 'Read about the Eastern Shore of Georgia', 'Read about the Eastern Shore of Florida', 'Read about the Eastern Shore of Alabama', 'Read about the Eastern Shore of Louisiana', 'Read about the Eastern Shore of Mississippi', 'Read about the Eastern Shore of Arkansas', 'Read about the Eastern Shore of Missouri', 'Read about the Eastern Shore of Illinois', 'Read about the Eastern Shore of Indiana', 'Read about the Eastern Shore of Ohio', 'Read about the Eastern Shore of Pennsylvania', 'Read about the Eastern Shore of New Jersey', 'Read about the Eastern Shore of New York', 'Read about the Eastern Shore of Connecticut', 'Read about the Eastern Shore of Rhode Island', 'Read about the Eastern Shore of Massachusetts', 'Read about the Eastern Shore of Vermont', 'Read about the Eastern Shore of New Hampshire', 'Read about the Eastern Shore of Maine'.



Questions or comments?

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